

Enjoy Akiyoshidai Course

The course packed with must-see sights lets you thoroughly enjoy the charms of Akiyoshidai. It is 28km and takes about two hours. Although the route contains a repetition of ups and downs, it is refreshing to cycle the expansive karst tableland while viewing the grasslands and limestones that dot the area.

1 Akiyoshido Cave

Japan's famous limestone cave, located 100 meters below Akiyoshidai with its entrance at the south-side of the plateau. The sightseeing course inside the cave is about 1km (total length: 8.9km.) As the temperature is a steady 17 degrees C throughout the four seasons, you can sightsee in comfort for the cave is cool in the summer and warm in the winter. Marvel at the numerous, mysterious creations of nature as if they have been frozen in time.



2 Mine Akiyoshidai Geopark Center "Karstar"

The facilities of Mine Akiyoshidai Geopark stand in a location with panoramic views of Akiyoshidai, next to the Karst Observatory. There is a tourist information counter, as well as a rest area (approx. 50 seats) and a cafe for visitors, where you can easily find various information on the geopark.

TEL.0837-63-0040/Closed for the end of year and New Year holidays



3 Akiyoshidai

Akiyoshidai began its life as a coral reef in the far distant past in a far away sea. After about 350 million years, it became a karst tableland of limestone with doline and limestone caves. The limestones contain fossils of coral and sea lilies which show the long history of the earth and Akiyoshidai.



4 Chojagamori

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There is a densely wooded forest in the karst plateau. According to legend, Heike soldiers defeated in the Battle of Dannoura had built residences in the woods.



5 Kaeri-mizu

The valley-shaped landform is called an "uvala," and there is a spring at the bottom of it. Since the spring water flows out for a dozen meters and is then absorbed by the earth, it is called "Kaeri-mizu" (returning water.)



6 Taishodo Cave

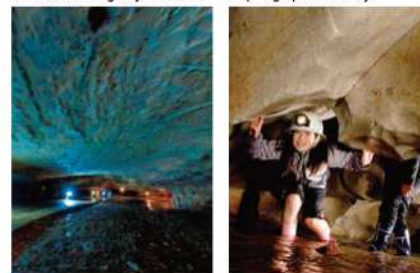
Called "Ushikakushi no do" (cattle hiding cave) in ancient times, legend has it that villagers hid their cattle within the cave in fear of theft during wars and civil strife. There are many notable sights in the cave, including "Jigoku no iriguchi (Gateway to Hell)," "Yoromeki Tsuru (wobbly path)" and "Shishi Iwa (lion rock)." Enjoy the thrill of cave exploration.

|| Taishodo Seifu-en
TEL.08396-2-0603/Closed Wed.



7 Kagekiyodo Cave

Heike's military commander Kagekiyo Oba, who was defeated in the Battle of Dannoura, is believed to have hidden in the cave. Separate from the Sightseeing Course, there is the Exploration Course (approx. 1 hour) for seeking natural life forms and fossils in the dark. Kagekiyodo Toron Hot Spring Spa is nearby.



Beware of sharp bends

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Beware of successive ups and downs

Akiyoshidai Refresh Park
Kagekiyodo Toron Hot Springs (artificial)

Hotto Village Mito

Akiyoshidai Eco Museum

Seifu-en

Akiyoshidai Safari Land
TEL.08396-2-1000
Open all year



Bakery Stone baked artisan breads - Boulangerie Kura
TEL.08396-2-1111 Closed Tue. & 1st Wed. of the month (Café is open on Sat., Sun. & Mon.)

|| Sanae Shokudo (inside Toron Hot Spring Spa)
TEL.08396-2-2204
Closed when the spa is closed.

|| Shokusaikan
TEL.08396-2-0132/Closed Wed. & Thu.

28

Edo IC

500m

